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the Chronicle

Volume 20, Number 13

**"PLACE THAT
FACE" AND
WIN!!!!!!**

Pg. 10

"DEAR MABLE"

Pg. 6

Members of the Chinese Student Union
celebrate the arrival of the year of the
tiger.



Avoiding Acquaintance Rape

"Avoiding Acquaintance Rape" will be the topic of a discussion presented on Thursday, Feb. 20, from Noon to 1:00 (in the SU Senate Chambers) by Joan Wells, Executive Director of the S.B. Rape Crisis Agency. This program is sponsored by the Cal State's Organization for College Women.

The topic is not only one of national interest but also of personal interest to the CSUSB community, as 1 in 4 women in college today have been the victims of rape or attempted rape. Furthermore almost 90% of these women knew their assailants prior

to the attack. These results are from a nation-wide Ms. survey taken from 1982-1985 on the subject of campus sexual assault. Michael McBride, current chair of the Yale College Executive Committee, says regarding the issue, "What surprised me the most was how complicated the cases are. It's only one person's word - against another's. It's amazing how different their perceptions can be." The survey bears this out: while 1 in 12 men completing this survey responded they had been involved in activities which fulfill the legal definition of rape, virtually none of

these men identified themselves as rapists. One of the reasons for this, is the way we teach our boys and girls to think about themselves and each other.

A shocking fact that Joan Wells has discovered is: the rapist knows his victim LONG BEFORE the victim recognizes her rapist. One of the most powerful techniques used in self-defense instruction is psychological preparedness. ASSERTIVENESS has been found to be an effective deterrent to assault. Learning this form of self-defense, which deals with all aspects of the empowerment of women, is one of the most positive

actions a woman can take in countering the fear and reality of rape.

Another form of self-defense is recognizing dangerous attitudes and behaviors and responding appropriately. ANYtime ANYthing occurs that makes YOU feel uncomfortable, you have the right to file an Incident Report with the police. This is simply an official record of the incident and does not press any charges against anyone. If a number of similar reports are filed, officers have something to work with, even if the isolated incidents seem insignificant.

Whether or not a rapist kills his victim, he takes her life as she knows it. In acquaintance rape, the woman suffers triple victimization. Not only is she attacked and then not believed, but she loses faith in her own judgement and trust in others. A survivor is only able to recover when she completely restructures her life, regaining control and recognizing the assault as the act of violence it was.

Men and women are urged to attend this important discussion on avoiding acquaintance rape, Thursday, February 20, at noon in the SU Senate Chambers.

Cutting the Red Tape

Getting Help In Classes

by Jackie Wilson

Finals are not too far away and those students that find they are having academic troubles can go to two sources for help—Professors and the Learning Center.

Your professors will be glad to help you if you're having trouble. Most professors post their office hours in their course syllabi and/or outside their offices. Also they are accessible by appointment. Students should take advantage of these opportunities to receive help. The professors will gladly go over with you the areas in which you are having trouble. Their assistance can result in better grades on tests, quizzes, midterms, and finals.

A second source of help is the Learning Center. The Learning Center is located in PL-37, in the

basement of the library. Their purpose is also to help students in almost any academic subject, ranging from math to foreign language. They also offer workshops and seminars on areas such as study skills, spelling, term paper writing, etc. Their services are specifically designed to help student and they should be used.

The outcome of obtaining help can be better grades and a better understanding of your subject. Even students who are doing well in their classes may find that they may need help from time to time. Please don't be afraid of getting help. Professors and tutors don't bite. They are there for the purpose of seeing to it that your grades do not drop into the danger zone (i.e. FAIL!). Take advantage!

Workshops On Interviewing

Learn how to put the best foot forward in a job interview through a series of four workshops from 3 to 4:30 p.m., Wednesdays, Feb. 5-26 in the Counseling Center, PS 227. Sponsored by the Career Planning and Placement Center

and the Counseling Center, the workshops will videotape mock interview situations to illustrate techniques. Students and alumni are invited to participate in any or all of the sessions. Advance registration is not required.

Gospel Concert Recording

by Elrond Lawrence

Daz Patterson and the West Coast Singers, a well known San Bernardino gospel group, will perform in concert at Cal State, San Bernardino on Sunday, February 16, 1986.

The 3 p.m. concert, which the group plans to record live, is one of a series of events marking Black History Month at CSUSB. The concert will be held in the Recital Hall.

Selections from the two-hour performance will be included in the group's forthcoming album "Shout for Jesus." The concert will feature original songs written

by members of the group.

The group received national airplay on radio stations with the release of its first single, "Charity", six months ago.

The 12-member group features five vocalists who have been together since 1982.

Daz Patterson, from Rialto, is the manager and lead vocalist. He also writes music in addition to playing the first and second trombone and keyboard. His son, Charles, and daughter, Madilyn Patterson McRae, are also in the group. Betty Carmena, from San Bernardino, is the other original member of the group (along with

Day Patterson) which formed in 1978.

Advance sale tickets are \$4.50, while they are \$5.00 at the door. Student admission is \$2.00. Tickets are available at the university's Special Events box office in the Student Union and at Alivan's Music Center and Groove Time Records in San Bernardino.

The concert is sponsored by the Black Student Union. More information is available at 887-7673. Ticket information is available through the Special Events Office at 880-7943.

Anthropology Club Reigns College Bowl

The Anthropology Club (ALPACA) has emerged the victor in College Bowl competition on campus so far this academic year. The competition was narrowed from an original field of seven challengers to a final match between ALPACA and the Free Thought Association from

the Philosophy Department Jan. 30. The decision was awarded after two games to the Anthropology Club, which captured the school title in last year's College Bowl, too. Members of the ALPACA team are: Lee Kinney (captain), Lynda Hadley, Lloyd Reifles, Linda

Stockham and Dr. Russel Barber (faculty coach). Intra-campus competition may continue this quarter with a match against a team of faculty members. Campus competition will be followed by an invitational meet at Cal Poly, Pomona.

newsbriefs

Dr. Rivera: Hispanic Educator Of The Year

Dr. Tom Rivera (Educational Support Services) was named Hispanic "Educator of the Year" by Caminos magazine in an award ceremony Saturday, Feb. 1 at the Bonaventure Hotel in Los Angeles. He was presented the honor by Lt. Governor Leo McCarthy.

Dr. Rivera has been with the university since 1972. He oversees educational support services affecting more than 1,000 students in six programs: Educational Opportunity, Upward Bound, Student Affirmative Action, the Learning Center, Services to Students with Disabilities and the Student Assistance in Learning Program (SAIL.)

Speak Spanish at Lunch

The campus community of students, faculty, and staff are invited to practice their Spanish while eating lunch every Wednesday from 12-1 in the Commons. All levels of Spanish are represented.

Winter Enrollment Best In Four Years

Winter quarter enrollment is tabulated at 6361 students as of Monday, Jan. 27, which was the last day to drop classes, reports Registrar Jo Ann Von Wald. That represents a 13.48 percent increase or 756 more students than in winter 1985 and only a 2.42 percent decrease in student population from fall quarter. That drop from fall was the smallest decrease in the past four years.

Economics Department and An Announcement:

The Economics Department and ODE proudly presents Dr. Robert Pollin speaking on Industrial Policy and Financial Stabilization February 17, 1986 in the Lower Commons, Room 103 from 1-2 p.m.

Dr. Pollin will be discussing the changes which have been taking place in the financial sector over the last decade. The focus will be on examining, from a Post-Keynsian and marxist position, the sources of the structural changes which have occurred as well as critiquing the adequacy of conventional policy responses to these changes.

Valentine's Day Messages

Gamma Pledge Class of Sigma Chi Omicron will be offering fresh flower-messages and serenades for Valentine's Day. Orders will be taken Monday (10th) thru Thursday (13th) in front of the library. 9-3:30 p.m.

Alpha Sisters would like to wish their fraternity brothers, of Delta Sigma Phi and Sigma Chi, to have a very happy and exciting Secret Sweeties Week. Keep your eyes peeled because we want to make sure that you have the most memorable and happiest Valentine's Day ever. See you around.

4th Annual Love Songs for Valentine's Day Festival

Everyone is welcome to come and listen to the Love Songs for Valentine's Day Festival. The best voices on campus will run through your favorite love songs. Come by and sing along. See you in the Recital Hall at noon on February 12, 1986.

M.E.Ch.A. presents A Valentine's Dance Friday, February 14, 1986. The dance will last from 9:00 p.m.-1:00 a.m. in the SUMP. Music will be provided by Personal Touch. \$1.00 with a Cal State I.D., \$2.75 without, and \$5.00 couple.

Faculty Displays Begin In Library

A rotating series of displays which highlight faculty professional development activities has been initiated in the Library with an exhibit prepared by Dr. Ellen Kronowitz (Education) focusing on her trips to Israel and Egypt.

The double-sided glass case, located near the Library Director's Office, sports photographs and articles from Dr. Kronowitz's travels as a Fulbright scholar studying history and culture in Israel in summer 1982. She was among 24 teachers from throughout the U.S. who attended seminars at Hebrew University and visited educational institutions around Israel. In addition, the display contains memorabilia from her sabbatical last fall. She was invited by the Deputy Director General of the Ministry

of Education and Culture in Israel to return and study teacher training and projects an Arab-Jewish coexistence. She also visited a typical Egyptian elementary school, met colleagues from Zagazig University and saw the wonders of Egypt.

The month-long exhibits in the Library are designed to acquaint the university community with faculty professional activities and express appreciation for their accomplishments. The schools will rotate the responsibility for organizing the display, and any number of faculty members may participate in a single exhibit. The displays which are an outgrowth of an Academic Deans Council recommendation, will continue in March, April, and May and resume next fall.

Forensics Squad Takes First Place Trophies

by Susan E. McClain

The CSUSB Forensics Squad returned from the Governor's Cup Invitational Debate and Speech Tournament in Sacramento with three first place trophies. The tournament was held Jan. 31 through Feb. 2 at Sacramento City College.

Karen Eilers placed first in Open Division Negotiations out of a field of approximately twenty participants.

The team of Bernie Moreno and Matt Webster won first place trophies in the Novice Division of Duo-Interpretation. They received two firsts and a third in preliminary rounds with their version of Neil Simon's "God's Favorite." A final round in novice duo-interpretation was not held,

unlike the other events, and the winners were chosen from the twenty-four entries and their performance in the preliminary rounds.

The CSUSB Forensics Squad is continuing the winning streak it began on Dec. 14 at the Long Beach Novice Debate Tournament. At that tournament the debate team of John Schaefer and Matt Webster received second place. John Schaefer also was first best speaker with 159 out of 160 possible speaker points and Matt Webster was second, with 157 speaker points.

The Forensics Squad is planning to attend at least four more tournaments this quarter in Tucson, Las Vegas, Fresno, and Biola.

Movie Review:

RUNAWAY TRAIN

by John Purcell

Runaway Train is a well-written story about a long-time battle between a hardened criminal and the warden of Stonehaven prison, in Alaska. The film opens with the announcement of a court decision, forcing the warden to release Manny, played by John Voight, from a maximum security cell which has been welded shut for three years.

Manny is a legend to the other inmates in Stonehaven, a maximum security prison where the average sentence is 23 years. Having escaped from prison two times in the past, Manny's escapes are the dream of freedom which is all the inmates have which even resembles hope.

The announcement of Manny's release causes a riot inside the prison as the inmates celebrate the release of their hero. Manny and the Warden share words and the conversation is ended with the

threat from the warden that should Manny try to escape, "I'll kill you myself."

Manny escapes and steals onto a train. He is free until the conductor of the train has a heart attack. The train is off at a breakneck pace, its speed increasing all the way.

Voight is superb as Manny. The character is one of incredible intelligence and depth, yet he is an animal, a being without no conception of the value of life—not even his own. He quotes Nietzsche, yet he is suicidal. Voight conveys all this in what is one of the best performances in recent memory. The rest of the cast is strong. Eric Roberts is the warden who is much the same as the criminal he so detests. Rebecca DeMornay has a minor part as Sara, the continuously primping secretary.

Runaway Train is a film that shouldn't be missed.



ABOVE: These hand carved birds, perched on signs near Student Services, were created by Leo Doyle.

BELOW: Doyle explains that his hand carved fish were inspired by recent dives off the California coast.



TOASTMASTERS REACH OUT FOR SUCCESS

Can you always say what you really mean? Do others find you worth listening to? Are you afraid to speak before a group? Have you always wanted a chance to do something about it? There is a club on campus made up of staff and students just like you—we meet on Mondays at noon until 1:30 p.m. in the Senate Chambers of the Student Union. We are TOASTMASTERS.

"I never had specific opportunities during my formal education to learn communication skills...For me, it took getting into a formal organization—such as Toastmasters—to understand what total communication is all about." (Peter H. Coors, Executive/Spokesman, Adolph Coors Company).

Toastmasters International is the non-profit, educational branch of Toastmasters. Along with providing the enjoyable-yet totally professional-educational material, this organization provides up-to-the-minute information through the monthly magazine, THE TOASTMASTER. Specialty

seminars in subjects like "How to Run an Effective Meeting", "Effective Listening", or "Parliamentary Procedure" are available to Club members, as well.

"I have often remarked that my five-year membership in Toastmasters was the most valuable Club membership...it gave me a unique opportunity to learn how to preside at meetings, to speak in public and to think on my feet—and to do so in a setting where mistakes were not costly." (Charles F. Luce, Chairman of the Board, Consolidated Edison).

These, and many others, have positions of respect in business, largely due to the skills they began to learn as Toastmasters. Accountants, Attorneys, Counselors, Entertainers, Managers, Presidents of Companies, Speakers, Teachers—All of these professions depend on the ability to communicate effectively. But one—extremely valuable aspect of the club on campus is practice. Especially

practice for the communication which may be the most important in your career—THE JOB INTERVIEW. Toastmasters meetings include a portion which trains the member in impromptu speaking—and critical listening. As a member, you will have the chance to learn the skills necessary to sell yourself to the interviewer—but the practice is in front of friendly faces! This is a rare opportunity. It is a free chance to make mistakes with no low grade or lost opportunity as a result.

If you are still not sure Toastmasters can help you in YOUR chosen field, feel free to visit on Mondays at noon as a guest. While the campus club meets weekly in the Student Union Senate Chambers room, there are over 4,500 Toastmaster clubs internationally, so one is bound to be convenient for you. The Club's advisor is Carol Dunlap. You can contact her at the bookstore, extension 7515, or leave a message for the Club's president, Glen Thompson, at (714) 381-3507.

KALEIDOSCOPE

THE FEATURE PAGE SPONSORED

BY COMMUNICATION DEPT.

New Extended Ed. program

Women learning new job skills

by Midge Thornton

The Women in Management program offered this year by the Office of Extended Education is off to a good start, according to Mendy Warman, program assistant.

'The best thing about the course is that it promotes successful communication.' --Allison Renck

The 10-month program is designed to help women upgrade current job skills, move up on the organizational ladder, re-enter the job market, or change careers. Eighteen women are enrolled in the 17 session course that meets on

alternate Saturday mornings from September through June.

Ms. Warman contributes the success of the program to good organization and a variety of instructors. Each session is given a different topic and instructor.

Instructors are drawn from

business and industry as well as departments on the Cal State campus.

Allison Renck, 28, said the course is paying off for her. She is the manager of a small hardware in Elsinore, and is confident that

the course will help her in all areas of her job.

"The best thing about the course is that it promotes successful communication," she said. Role playing gives her the opportunity to practice her communication skills without the worry that usually accompanies a real-life situation.

She recommended the class for women who want to improve all aspects of their lives, especially women who want to be successful.

The cost for the program is \$450. Many students are urged to seek financial assistance from their employers.

Certificates of completion can be obtained by attending 12 of the 17 sessions, and Cal State credit can be earned for an additional \$70 and the completion of a culminating project.

Less chance of shutdown with new computer system

by Kerri Hawkins

The Prime 9650, a new super mini-computer, will allow for less chance of system failure from external factors at the CSUSB Computer Center.

With the new system, no great time factor improvement is realized, but having the central unit on campus allows for greater control.

Some of the computer systems at CSUSB depend on a central unit in Los Angeles, which means that any kind of interference over the telephone lines could shut the systems down.

When asked if the new system goes down, David Neighbours, instructional computing consultant replied, "Do I trip when I walk? Not usually."

He noted, however, that the old system was vulnerable to heavy storms and power failure. The computing rule of thumb is to save your work every 15 minutes, so that you never lose more than 15 minutes of it.

The new super-mini-computer will be used instructionally rather than administratively. Although the two do not conflict in program usage, the administrative system has sensitive records on file. Many people feel it is best for users to have zero access, regardless of whether they might stumble on the records accidentally or attempt to access them intentionally.

The Prime 9650 also eliminates the need to switch computers when changing systems, because it consolidates the software. Different account numbers and separate passwords will no longer be needed for the individual systems.

Public admin. prof likes school board job

by Midge Thornton

Dr. Charles C. Christie of CSUSB is enjoying his new role—and the challenges that come with it—as a new member of the San Bernardino School Board.

Christie, an associate professor of public administration here, was elected to the school board last November, and became an active member early in December.

Christie has had a long-time concern for public welfare, and hopes to use his teaching expertise, and previous experience on the city planning commission, to benefit the San Bernardino School District.

Prior to entering office, Christie had many plans and goals in mind designed to make the system work more efficiently. Of major concern

to him is the assurance of an efficient budget.

"We have a budget of over \$110 million and over 3,000 employees," Christie explained. "There are over 30,000 students and over 50 schools that we have to deal with. We are dealing with a complicated institution."

"We must measure the effectiveness of programs to see if our money is being spent wisely," Christie said. "Programs that work must be sorted out from the programs that aren't working to ensure the most for our money."

Spacial needs of the district are an important issue also. The increase in student population is making it difficult to provide adequate facilities and instruction necessary for a well-rounded education.

"We have over 2,000 more students this year than we did last year, which makes it increasingly difficult to house them," Christie said. "We will not have enough classrooms and buildings to accommodate students."

Christie hopes to see an increase in educational housing as well as materials to promote better educations in the area.

Another area Christie hopes to have an impact on is collective bargaining. The organization itself must be efficient and have a true desire to improve the situation if it is to be successful.

"Management and employees must work together in a complementary and supportive way," he said. "While they may be doing different things, they must



PHOTO BY ELAINE PATRICK

Dr. Charles C. Christie

remember that they are working toward the same goals."

"If this can be accomplished," he said, "you'll find that there will be a more highly motivated teaching faculty and the staff will be more supportive."

Christie doesn't mean to say that relations are bad among employees of the district. Relations are positive and can continue to improve, he said.

"Having a positive environment is probably going to be a more

critical factor as far as developing the kind of professionals necessary to develop excellence in education," he said.

Christie has a personal concern for the success of the board and the personnel in the district. He feels community involvement in our schools is crucial to their success.

"We are trying to bring businesses in and integrate them into the system," he said. "We have an 'adopt a school' program which is not a new idea, but could be more successful than in past years."

"We also need to involve parents," he said. "With both parents usually working these days, it's hard to get them involved in their children's educations. We have to make access to involvement more easily obtainable."

Christie feels that somewhere along the line, parents lost interest in such organizations as the PTA. These organizations are not obsolete as many people tend to believe, he said.

"The board has to set an example and get personally involved to show parents that they can make a difference," he said. Christie's wife is an active member in the PTA where their daughter goes to school.

Overall, Christie is confident that the board will share his concerns about the future of our educational system and the children it helps to educate. He is looking forward to the challenges in store for him.

Kaleidoscope is published weekly by the Department of Communication to augment classroom instruction. Inquiries and comments may be addressed to Kaleidoscope, care of the Department of Communication, California State University, San Bernardino, 5500 University Parkway, San Bernardino, California, 92407.

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CSUSB'S First Homecoming This Weekend

Students will stage the university's first Homecoming weekend, Friday and Saturday, Feb. 14-15, with a doubleheader basketball game on tap Saturday night.

The weekend will kick-off with a pep rally from 7 to 8 p.m., Friday, Feb. 14 in the Serrano Village Quad. The public will be introduced to the Coyotes men's and women's teams, and coaches Jim Ducey and Jo Anne Bly.

A pre-game spaghetti dinner will be held from 4:30 to 5:45 p.m., Saturday, Feb. 15 in the

Commons. Hosted by the Cal State Alumni Association, the dinner will be priced at \$6 per person. Tickets for the dinner and two games will cost alumni members \$7 and non-members \$8. Reservations for dinner should be made by sending a check to the Alumni Affairs Office by Thursday, Feb. 13. Phone reservations will be taken at Ext. 7811 until Friday, Feb. 14, if payment at the door is preferable.

The women's basketball team, which is ranked sixth in the Western Region, will tip-off at 6

p.m. against UC, San Diego in the gym. The men's team will host Whittier College at 8 p.m. Admission to the games is \$2 for the general public; \$1 for alumni members and non-Cal State, San Bernardino students holding an ID; 50 cents for children and no cost to Cal State students with identification. Tickets for the game may be purchased at the door.

Following the games, the Alpha Phi Sorority will sponsor a Homecoming dance in the university Commons from 10 p.m. to 1 a.m.

WRESTLEMANIA

by Matt Burns

Are you turned on by the Hulkster? Do the Junkyard Dog and Wendi Richter make your blood boil? If they get you excited, then why not go for the real thing? C'mon down to the gym, on Thursday, February 20th, at 7:30 p.m., for the annual Intramural

"Main Event" Wrestling tournament. Students, faculty and staff may participate, in two or more weight classes. Defending San Bernardino County Intramural (SBCI) Champions Tom Ainsworth (Big Guys) and Mark Seymour (Regular Guys)

will be back to take on all comers. We have even brought in a celebrity official from the Illinois Wrestling Federation to arbitrate the matches. Be there on the 20th!

For more information, contact Joe Long at 7564, or come to room P.E. 124.

STREET HOCKEY NEWS

by Hammond Eggs

With one third of the season completed, it is time for our annual Coyote Hockey League (CHL) predictions. From this corner of the rink, the best team by far is the Charlestown Chiefs, 1985 Champions. Old Time Hockey

has a talented squad but is lacking depth, and vice versa for Gretzky's Puppies. Darkhorse teams include the 12oz. Slammers, The Rowdies, and Old Gold, a team which recently won for the first time in two years. The two expansion franchises, Hackers plus Three and

the Badger Oilers, figure to improve by playoff time. Games are played every Friday at the Coyote Ice Palace, just East of the Physical Education Building. For more information, call Joe Long at 7564.



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To write to "Dear Mabel", drop your letters off at the Chronicle office. Although "Dear Mable" sometimes offers helpful advice, responses are not the work of a professional and do not necessarily represent the views of the Chronicle.

DEAR MABLE



Dear Mabel:

I'm a dorm student. Our housing checks were due on Friday. Mine was late due to a glitch in communication with my family. My meals were inactivated over the weekend. I could not pay over the weekend as both the housing office and the Bursar were closed. Is there any way of correcting this problem to avoid foregoing meals over the weekend? Being a student here and living on campus, I would think they could give me the benefit of the doubt. I'm not going anywhere.

Sign me-

Hungry in the Village

Dear Hungry:

I addressed your problem to Veda our assistant housing

director. She said that prior to stopping meal service you are given a warning. If you feel that you were not given proper warning/notice talk to the housing office. Maybe they can help you out of this unfortunate situation and insure that it does not happen again.

Mabel

Dear Mabel:

I've been dating a really nice, intelligent, and pretty girl for almost a year now. I have tried to keep our relationship somewhat casual by seeing her only three or four times a week instead of almost every day which she seems to desire. I have told her that she is free to date other guys anytime she wishes; which is what she asked for when we first started dating. But now she declared that she wants more from me, including the title of boyfriend/girlfriend which we really don't use now.

Maybe I'm hesitant about committing myself to that kind of relationship because I don't believe she could be satisfied with only me. Maybe I'm thinking about this June when she will graduate, leaving this campus and me. Or maybe I just don't feel the same way for her as she does for me.

My friends, and even my mother, tell me that she is the best thing that has ever happened to me, which could be true. I feel guilty for not giving her more. I feel like a jerk. Tell me, what's my problem?

Sign me-

Baffled and confused

Dear Baffled:

Taking the bull by the horns is sometimes the best way to deal with issues that drag on. Find out how she feels about continuing your relationship after June and what she wants or sees your relationship becoming in the future. A good talk with open communication could really clear

the air and help you both decide what you want and expect from one another. But before you take this important step you need to give your own feelings some serious thought. It appears from your letter that you are not sure just how you feel. You said yourself, "or maybe I just don't feel the same way for her as she does for me". You owe it to yourself as well as to her to decide just how you feel about your relationship. It is unfair to force a decision/commitment from her if you are not sure how you feel. A little thought now will save you both a lot of heartache later.

Finally, I would like to point out that it is not your friends or your mother that is involved with her; you are. While their motives may and probably are honorable, only you can make such an important decision. Do what feels right to you, not what they feel should be right for you. Good luck.

Mabel

Dear Mabel

What is wrong with men? I think Valentine's Day is a nice way to tell your sweetheart that you care for them. But I am a girl and I would bet you that most men do not feel the same way. I really want to do something special for my boyfriend but he will probably will forget to do anything for me. Would you please remind all guys (girls too) to remember their sweethearts this Valentine's Day. And would you please give some good suggestions for gifts this year.

Sign me-

Anticipating affection

Dear Anticipating:

A reminder for all of you out there in CSUSB, Valentine's Day is Friday, February 14th. Remember the best way to learn is through a good example. If you care enough for him to remember him this year, show him. Most people don't realize how important these small remembrances are to others. Roses are a really nice way to show affection, but they don't last. How about a teddy bear or a plant. Give them something they will remember. A candlelight dinner, a facial, a massage are all experiences to be remembered. That is what Valentine's Day is all about. Happy Valentine's Day everybody.

Mabel

tonite

Lou "Guido" Denti saw it as a logical progression of ideas.

"We feel music is a universal language..." he says. "We also saw that there were people that needed help. So, a benefit concert just seemed to be in order."

The concert was called "Hunger Sunday: Music With A Purpose". The group is called Native Language, and will be playing in the Cal State, San Bernardino pub tonight.

The musically-inclined group has performed at such dance clubs as Safari Sams in Huntington Beach, and Club Metro in Riverside (site of the "Hunger Sunday" concert).

Since their inception in April, the current Native Language line-up consists of

Since their inception in April, the current Native Language line-up consists of

Lou "Guido" Denti—Rhythm guitar, main songwriter.

Shirley "Soraya" Howland—lead vocals, percussion.

Pat Lavergne—Keyboards, vocals, bass.

Nerve—lead guitar, vocals.

Kevin Feldman—drums.

Skippy Kelsen—bass guitar, vocals.

Henry Alexander—saxophones, flute, vocals.

Harold Van Lommel—percussion.

Denti has been in the original music scene for many years, and is captivated by the process of creation with a group. His goal is to take his love of live music and to use it as a vehicle for expression.

So, dance fiends, take note—Native Language will be bringing their energetic sound to the pub tonight.

And maybe a little bit more.





Valentine

THURSDAY 13**MEETINGS**

--Uni Phi meets from 11am-Noon in the S.U. Senate Chambers

--Cal State Organization for College Women meets from Noon-1pm in the S.U. Senate Chambers

--Latter-Day Saints Student Association meets from 12-1 in room PL 212

--Baha'i Club meets from 1-2pm in S.U. room "B"

--Young Republicans meet from 7-8pm in the Eucalyptus Room (C-103)

SPORTS/LEISURE

--Woodpusher's Anonymous meets for Chess from 7:30-Midnight in S.U. rooms "A" & "B"

DISCUSSION

--CSUSB's Health Center is having a discussion and video on A.I.D.S. Dr. Savage will be leading the discussion. Starts at 12:30pm in the SUMP. Free

FRIDAY 14**MEETINGS**

--Committee for Clubs meets from 8:30-10:00am in the S.U. Senate Chambers

--Black Student Union meets in S.U. room "B" from Noon-1pm

--Campus Crusade for Christ meets from 7-8:30pm in CA-139

SPORTS/LEISURE

--Intramural Hockey starts at 2:30pm, outdoor courts

--Intramural Basketball starts at 2:30pm, GYM

--M.E.Ch.A. is sponsoring The Valentine's Day Dance from 9pm-1am in the S.U.M.P.

SATURDAY 15**SPORTS/LEISURE**

--GYM will be open for recreation from 1-5pm

--CSUSB Women's Basketball vs. Whittier College, 8pm, GYM

--Gay & Lesbian Union Dance from 9pm-1am, SUMP

SUNDAY 16**LITURGY**

--Newman Club Mass from 11am-Noon in the Pine Room (C-125)

SPORTS/LEISURE

--The GYM will be open for recreation from 1-5pm

MONDAY 17**MEETINGS**

--S.U. Board of Directors meets from 3-4pm in the S.U. Senate Chambers

--S.U. Expansion Committee meets from 4-5pm in the S.U. Senate Chambers

--Public Administration Association meets from 5-6pm in S.U. room "A"

--Alpha Phi Pre-Meeting Pizza, 5-7pm in the SUMP

--Sigma Chi Omicron meets from 6-8pm in the S.U. Senate Chambers

--Alpha Phi meets from 7-9pm in the SUMP

SPORTS/LEISURE

--Intramural Basketball starts at 2:30pm, GYM

--Intramural "A" Basketball starts at 8pm, GYM

TUESDAY 18**MEETINGS**

--Special Events Committee meets from 8-9am in the S.U. Senate Chambers

--A.S. Board of Directors meets from 10am-Noon in the S.U. Senate Chambers

--Lambda Sigma & Pre-Professional Health meet at 11:30am in BI-226

--Latter-Day Saints Student Association meets from 1-2pm in S.U. room "A"

--Accounting Association meets from 4-5pm in S.U. rooms "A" & "B"

SPORTS/LEISURE

--CSUSB Women's Basketball at Cal Baptist, 6pm

--Volleyball-Club meets at 8pm in the GYM

WEDNESDAY 19**MEETINGS**

--Information Management Association meets from Noon-1pm in S.U. room "A"

--Psi Chi meets from Noon-1pm in PS-105

--Marketing Association meets from Noon-1pm in the S.U. Senate Chambers

--M.E.Ch.A. meets from 1-2pm in S.U. room "B"

--Newman Club meets from 1-2pm in S.U. room "A"

--Greek Council meets from 3:30-5:00pm in S.U. rooms "A" & "B"

--M.E.Ch.A. Community Meeting is from 7-9pm in the S.U. Senate Chambers

--Latter-Day Saints Student Association meets from 12-1 in room PL-212

--CSUSB Men's Basketball vs. LaVerne, 8pm, GYM

SPORTS/LEISURE

--Intramural Badminton starts at 10:15am, GYM

--Intramural Basketball starts at 2:30pm, GYM

--Entertainment with "Native Language" in the PUB, 9-11pm

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Health Corner

CORRECTION

A typing error was made by a Health Center employee that resulted in a crucial error in the article on A.I.D.S. The article read "All donated blood is not screened for the A.I.D.S. antibody and is of minimal risk". The statement should have read, "All donated blood is NOW screened for the A.I.D.S. antibody and is of minimal risk". According to a

letter dated May 1, 1985 from Arthur Silvergleid, Medical and Executive Director of the San Bernardino and Riverside Counties Blood Bank, all donor blood is now routinely tested for antibodies to HTLV-III. He also emphasized that you cannot get A.I.D.S. from donating blood.

The Health Center expresses their regrets for making this error.

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CRASH DIETS DON'T WORK!!!

Millions of people go on and off diets, losing weight, gaining it back, giving up, feeling depressed, and all for no good reason. The quick and easy diets won't keep you thin and they may even be harmful. There are many good reasons why crash diets don't work, and there is something that **DOES** work. There are three factors that work against the dieter. One factor is that the body very quickly adapts to a lower food intake by lowering its metabolic rate and thus resists burning off fat. When you restrict your diet and lose 10 pounds, the body becomes used to that restricted diet. Then, if you increase the food intake, even though you are still eating less than before the diet, your body treats the increase as an excess, and you end up gaining weight.

Exercise burns more calories and builds muscle tissue, which ensures that the body's fat-to-muscle ratio will improve. If a dieter exercises regularly and vigorously, caloric intake can actually be increased after awhile without having any weight gain, because the body will burn those extra calories with the new muscles. Then all one needs to do is be content to lose weight gradually over a period of months.

(Information for this article came from the University of California, Berkeley Wellness Letter.)

Don't forget to come to the S.U.M.P. Room on Thursday, February 13th for the latest information on A.I.D.S. A film will be shown at 12:30 p.m. and Dr. Savage will be available for any discussion.

A second factor that works against the dieter is the fact that the weight lost in the early part of a strict diet program is not fat, for the most part, but water. Thirdly, if the dieter eats less than 1,200 calories a day, he loses muscle tissue as well as fat. Then, the lower the caloric intake drops below 1,200 a day, the more muscle tissue he loses compared to fat. So, even though there is a weight loss, the dieter is actually fatter than he was before the diet because the percentage of muscle in the body goes down and the percentage of fat goes up. This is definitely not the goal of a good diet, which is to reduce weight without losing much muscle tissue.

The only effective way to get rid of excess fat permanently is to reduce caloric intake moderately while starting an exercise program at the same time.

HEALTH QUIZ

How Much Do You Really Know About Genital Herpes?

Herpes. Some of us joke about it. Some of us have it. Many of us may even dread it. For all of the nervous laughter and anxiety, it is amazing how little many of us really know about genital herpes. Here's your chance to pass Genital Herpes 101. Take the test below and grade yourself. Could be you'll ace the course.

1. Which of the symptoms listed below are associated with genital herpes?

- (a) genital pain and itching
- (b) blisters, or lesions, in the genital area
- (c) fever
- (d) muscular pain or headaches
- (e) "a" and "b" only
- (f) all of the above

2. How long after intimate contact with an infected and contagious partner can the first manifestation of herpes occur?

- (a) 4 days
- (b) a week
- (c) a month
- (d) varies greatly from person to person
- (e) six months

3. Herpes outbreaks tend to recur. On the average, a person with herpes can expect a new attack:

- (a) every two-three weeks
- (b) several times a year
- (c) once a month
- (d) once a year

4. The best way to find out if you actually have herpes is:

- (a) examine yourself for symptoms
- (b) go promptly to a physician for testing
- (c) wait to see if suspicious symptoms go away on their own

5. True or false: There is no effective treatment for genital herpes

- (a) true
- (b) false

6. Herpes poses special problems for women because it

- (a) causes sterility in women
- (b) can be life threatening to an infant at birth
- (c) can predispose a woman to cervical cancer
- (d) causes extended menstrual cycles

(e) "b" and "c"

(f) none of the above

7. Genital herpes is contracted by:

(a) sexual contact with anyone who has had a herpes outbreak in the past

(b) sexual contact with someone who is experiencing an active outbreak

(c) exposure to toilet seats, towels, swimming pools or hot tubs with which a person with active herpes lesions has had contact

8. True or false: Using a condom guarantees that a man will neither transmit nor contract the disease.

- (a) true
- (b) false

9. What factors play a role in triggering recurrent episodes of genital herpes?

- (a) menstruation
- (b) emotional stress
- (c) lack of sleep
- (d) tight jeans
- (e) all of the above

10. True or False: Having genital herpes makes a person more vulnerable to other sexually transmitted diseases such as syphilis, gonorrhea and AIDS.

- (a) true
- (b) false

Answers:

1. F. Pain, itching, lesions, fever, muscular aches and headaches are all symptoms associated with initial outbreak of the disease. Not everyone who has genital herpes experiences all of these symptoms. Recurrences are usually less severe and rarely involve the flu-like symptoms, e.g. muscular aches and fever, of an initial outbreak.

2. D. The incubation period varies greatly from one individual to another. Usually, the first outbreak occurs within three weeks after sexual contact with an infected and contagious partner. However, in some cases, it can take as long as three years before symptoms appear.

3. B. The average herpes patient will experience a recurrence three or four times a year. But here, too, there is a great deal of individual variation. Some people, apparently, never have a

second attack, while others have recurrences so frequently that they may think of their herpes lesions as a chronic condition.

4. B. Testing by the physician is the only way to get an accurate diagnosis of genital herpes. Self-examination is the way most people come to suspect they have the disease; however, there is a possibility that they may mistake some other skin condition for herpes lesions. Herpes lesions will eventually disappear on their own, but the herpes virus remains in the body, dormant, until something triggers a new outbreak. Physicians now have reliable laboratory tests that can determine if the condition is indeed genital herpes.

5. B. Genital herpes is treatable. There is a prescription drug available from a physician called Zovirax (acyclovir). A doctor can advise on the role of this drug in the treatment of genital herpes, as well as offer self-help measures and counseling to help control the disease.

6. E. There is some indication that having herpes might predispose a woman to developing cervical cancer. Fortunately, cancer of the cervix is easily detected in its very early stages by the pap smear. Having a pap test, at least once a year, will ensure that any abnormalities in the cervix are discovered and treated promptly.

1. F. Additionally, if active lesions are present in the birth canal at the time of birth, the newborn may become seriously ill. If you have herpes it is important to notify your obstetrician so that you may be monitored during the final stages of pregnancy. Should it be determined that herpes poses a risk to your baby, delivery by caesarean section may be recommended.

7. B. Although theoretically there are other possibilities, the experts strongly believe that the only way to contract herpes is through sexual relations with an individual who has active lesions.

8. B. Condoms do not offer adequate protection against either transmitting or contracting herpes. Men and women with active

cont./pg. 10

Classified

Bear: Happy Valentine's Day. Me too. Jaim.

Darlin' Kurt: Be My Valentine! Love you, Eileen
Shayla: Have a Happy Valentine's Day!!! Sharon

Jackie: Have a Happy Valentine's Day. Sharon

I wuv u, Wevie! Happy Valentine's Day.
Annie Alfred: Be my special Valentine. Max

Serenade Your Valentine: Gamma Pledge Class of Sigma Chi Omicron is raising money by serenading sweethearts on Valentine's Day. A fresh flower and a message are included, only: only \$3.00 or \$1.50 for the flower and message alone. 2/12

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Student with own trailer to share property 3 miles from campus. Rural area. Negotiable rent. Teresa 887-4917. 2/12.

Research Problems? All levels, all areas. Foreign students welcome! Thesis counseling also available. Dr. Arnold, 213-477-8474 11-4 pm. 4/16.

For sale: '76 Toyota Pickup. New battery, new seats, new tires, new engine, centerlines all 4's. Must sell \$2100. Steve 788-1299, eves. 2/12.

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School, Money, Life all too much? Come to the student health center for free stress management skills. Call 887-7641 for info.

For Sale: Refrigerator, excellent condition, \$300.00 or best; computer never used \$200.00; King size waterbed, \$120.00; wedding dress, size 6, \$100.00 call 785-8055. 2/19

For Hire: Landscape, rockscape, irrigation design or repair, wholesale plant prices, painting. Call Joel 887-4917. 2/5.

Math Tutor Needed: High school level (algebra). Must be able to teach concepts to 15 yr. old boy. Patience required. \$5/hr, 4hrs/wk guaranteed, Redlands area. Call Linda 8-4pm 887-7341 other times 824-7409. 2/19

Athlete's Foot specializing in athletic shoes & apparel seeks individuals to fill part & full time positions. Call Bill 888-2464

The following part-time jobs are available at the time the Chronicle goes to press, however, we cannot guarantee that they will still be available at the time the newspaper is read. Additional jobs come in every day and are posted daily, so check the part-time job board in the Career Planning and Placement Center, SS-116.

Math and English Tutor: Student is needed to work with an adult tutoring them math (algebra, etc.) and English two times a week in the Grand Terrace area. The position pays \$6.00/hour. *42

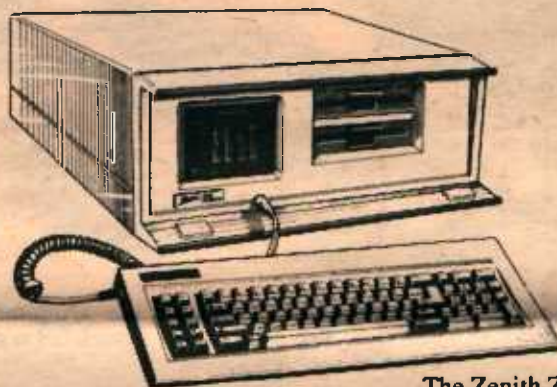
Counter Help: Student is needed to work as counter help in a local ice cream store from 11am to 6pm on weekends and holidays. Must be responsible and able to work all weekends and holidays. Position pays \$4.00/hour. *37

Data Entry Clerk: Student who is able to follow directions well and who has computer experience is needed to input data on a computer terminal. The job is 20 hours/week to be worked between 8:00am and 6:00pm Monday through Friday. *35
Typist: Student who can type 60 wpm is needed to work 15-20 hours/week flexible doing typing, advertising, filing and other clerical duties. The position is in the San Bernardino area and pays \$4.00/hour. *34

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ARTISTS

Best Logo Wins \$100 Prize

Attention Cal-State students and artists. The Cal-State Accounting Association is sponsoring a contest for the best Accounting Association logo design. This new emblem will be used on shirts, stationary, etc. sold and used around Cal-State. The winning entry will also be awarded \$100 in prize cash.

Your entry should be displayed on an 8 X 10 sized sheet of paper, posterboard or whatever. It must have the words "Accounting Association" or "Cal-State Accounting Association" somewhere on the design.

In order to qualify your entry must be submitted, by February 15th, to the Accounting and Finance office in the Administration Building. Time is running out, submit your entry soon. The winner will be announced March 5th in the school newspaper. Good Luck!!!

PLACE THAT FACE AND WIN!

1



Why It's

and

Name all three individuals pictured and be entered in a drawing for TEN LOTTERY TICKETS! Entries must be received by the chronicle no later than noon Thursday, Feb. 13.

A winner will be selected by random drawing and announced in the next issue of The Chronicle.

In the event that there is no perfect identification, a winner will be drawn from those entries with 2 out of 3 correct answers.

Basketball Shorts
by Sara N. Getty

Intramural basketball season is underway now, with teams playing on Monday nights and in the afternoon on Wednesdays and Fridays. There are several exciting teams involved, but this fearless forcaster will go out on a limb and rate the top ten.

Rank	Team	Record	Comments
1	The Brothers	2-0	Extremely quick and talented
2	Delta Sigma Phi	2-0	Won 3 on 3 Hoop
3	Golden Oldies	1-1	Ageless Wonders
4	The Originals	2-0	Your basic P.E. majors
5	Phi Beta Sigma	1-1	Inconsistent thus far
6	Zoot Suit	0-2	Making a comeback
7	U-Wankers	2-0	Best of the B's?
8	All-Stars	1-1	The people's choice
9	Dirty Dozen	0-2	Better than the movie
10	The Old Timers	0-1	Lost to Alzheimer's

from pg. 8

lesions should abstain from sexual activity.

9. E. No one knows precisely what triggers recurrent outbreaks. But all the factors listed may play a role. Tight clothing, for example can cause heavy friction and irritation to the genital area. In addition, physical conditions such as poor nutrition, menstruation, or a cold or other respiratory infection are associated with

recurrences. In some cases, though, episodes appear to be unrelated to any triggering event.

10. B. False. Herpes is unrelated to syphilis, gonorrhea or AIDS and does not lead directly to any of these sexually transmitted diseases. However, risk of multiple infections increases with increasing numbers of sexual partners.

RECREATIONAL SPORTS SCHEDULE

Activity	Location	Time	Date
Badminton	Gym	10:15am	12
"A" Basketball	Gym	2:30pm	12
"B" Basketball	Gym	2:30pm	14
Street Hockey	Courts 5 & 6	2:30-5:30pm	14
Open Recreation	P.E. Building	1:00-3:00pm	15
Open Recreation	P.E. Building	1:00-5:00pm	16

Opinion

Dear Editor:

Last week I suggested we write to President Ronald Reagan some suggestions on how he can take the offensive in the public relations war with Soviet leader Mikhail Gorbachev (correct spelling). The ultimate goal of the negotiations between the two superpowers, as stated by the leaders themselves, is a world at peace.

If we as people wish to live in peace with each other, if our sincerest wish is that our children will not be forced to bear arms against their brothers and sisters, if we love and respect the delicate ecosystems of the planet we have been granted the stewardship of, then we must take the words of our leaders not as mere platitudes but as expressions of our own aspirations for a world order as different from our present one as a crystal-clear mountain stream is different from a stagnating vat of toxic waste.

A world at peace is a world which achieves a certain level of harmony. That is, agreement to act in accord with certain common fundamental principles. It means a world with unity of Mankind.

Implicit in the achievement of world peace is establishing the

means of maintaining that peace.

A world government with the powers normally afforded to government is the surest means of maintaining world peace. It should have recognizable law-making, law-executing, and judicial branches, the authority to impress its will upon its member states as the United States may impress its will upon member states, and its formation must be based solidly upon the democratic principle of the participation of the people in the choosing of its legislators.

A world commonwealth must also be based on principles which recognize the station and inherent potential of all peoples and individuals, and seek to exalt that station and clear the way for people to reach their potential. Some of these principles are detailed below.

We must overcome our paralysis of will, that is, the fetish of an idea we have developed that there is a deep-seated quarrelsomeness in Mankind. If this negative view of human nature did not exist, our world would be at peace today.

The baneful and persistent evil of racism must also be recognized as a barrier to peace, and its

abolition must be pursued with vigor and recognized as work in the cause of peace.

The extremes of wealth and poverty which exist today cause untold suffering, stifle an uncountable number of would-be Einsteins and Gandhis, and bear witness to our continued refusal to recognize and act upon our true nature as human beings. The poor in our world are a time bomb in the face of the rich, a bomb with an ever-shortening fuse.

The equality of women must also be recognized as a step to peace. How can a world in which half of its citizens in most nations are subjected to the slavery of servitude in extreme poverty under backbreaking conditions expect to achieve improvements in the human condition? In subjugating women, men also subjugate themselves.

Education must be promoted on a universal level. We're in college, we wouldn't be here if we didn't recognize the importance of education.

Religious strife must be overcome. It is incumbent upon the religious leaders of Mankind to, with an attitude of humility before their Almighty Creator,

submerge their theological differences in a spirit of mutual forbearance so they can work together for the advancement of peace.

Unbridled nationalism, which is a perversion of sane and legitimate patriotism, must also be addressed. Planetary loyalty does not negate the love of country, any more than our love of America negates our love for home states and cities. An expansion of our loyalties is in order.

Communication amongst all 4.8 billion of us, who speak thousands of languages developed from 300 different language groups, would be greatly improved by the adoption of a universal auxiliary language which would be taught in addition to the person's native tongue. The inability to communicate is frequently at the heart of other serious problems such as prejudice.

These are but some of the principles we must instill into our collective conscience, into hearts, and act upon as a matter of course.

There is some precedent for this type of attitude toward bringing about world peace, at this stage in the process. Before representatives

from the 13 independent states of America met to reconsider the Articles of Confederation, which had left the states more impotent to govern affairs of common interest than the United Nations has left the planet today, they were tasked by their respective states to modify the Articles. Instead, they returned with a document which ceded more sovereignty than any individual state previously thought itself willing to give. Yet, after the compromise of the first ten amendments was struck, cede that sovereignty they did out of absolute necessity.

We have reached that same point with the insanity on the planet and the impotent government of the United Nations today. The UN's performance has been admirable, given its limitations, but it has been constrained from assuming the duties which the nations of the world need an international government to exercise today.

When the nations unite under such a system, the well-being of all their peoples, unfettered by artificial security needs and barriers of prejudice will soar to unimaginable new heights.

Michael Heister

A.S. is looking for energetic students who want to get involved with campus publications

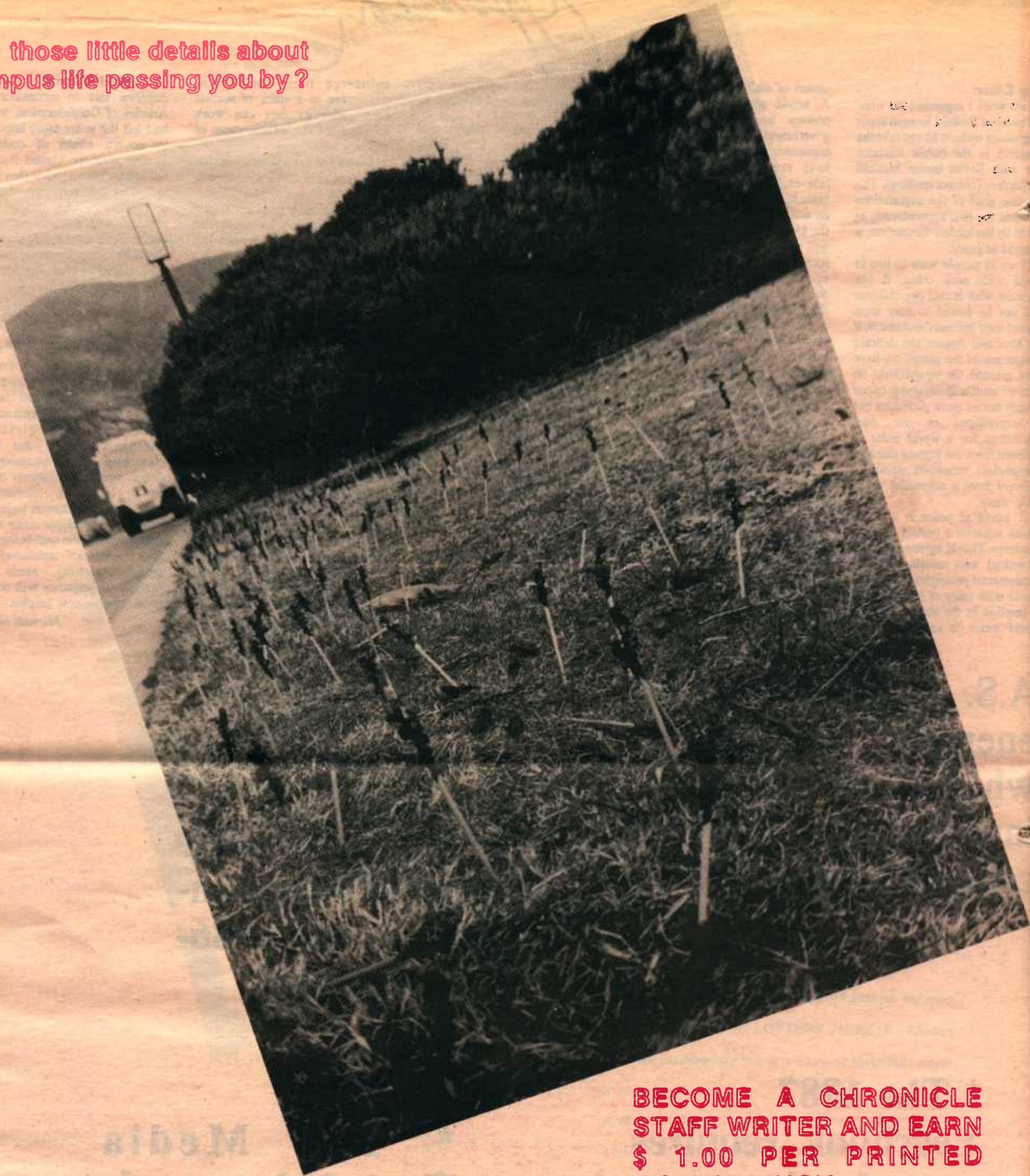
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Staff Writers Meet Every
Wednesday at Noon In The
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